



Dear All

So much has happened in the first year (can you believe just a year?) Sky High has been established. Sky High now dominates the Sussex competition scene and can only get bigger and better. Well done to everyone who has been part of the Club's

rise to fame.

Elliot Storey's synchro partnership is definitely a successful one as in Dundee on 12<sup>th</sup> May, he and Kameron gained 1<sup>st</sup> place earning them the right to enter the National Finals as a synchro pair. Elliot also entered the individual competition in Dundee, with yet another promotion offer to Fig A!

In Liverpool on 2<sup>nd</sup> and 3<sup>rd</sup> June, Elliot once again competed, winning outright with his highest tariff to date (12.5) and maintaining 1<sup>st</sup> place in the finals on the day. Louise Brownsey went into the finals in 8<sup>th</sup> place, with a fantastic performance moving up to 5<sup>th</sup> place overall on the day. If there had been zero finals, Louise would have finished 1<sup>st</sup> equal! Sadly Chris Ellsaesser also competed trying to gain a place at the National Finals but it was not to be, being marked out of 7 in his voluntary - hard luck Chris.

At the Regional D - G competition at Gillingham on Sunday 10<sup>th</sup> June, Sky High were once again superb .....

TRAMPOLINE

Under 13 Girls Regional G (59 Entries)

Libby Ralph	8 <sup>th</sup>	45.4	Qualification to Regional F
Amber Young	12 <sup>th</sup>	45.1	Qualification to Regional F
Kirstie Gladman		14 <sup>th</sup> 45.0	Qualification to Regional F
Sophie Tidd	22 <sup>nd</sup>		
Jemima Hodgkinson	24 <sup>th</sup>		
Luca Major-Owens	48 <sup>th</sup>		
Hannah Green	53 <sup>rd</sup>		

**Team 2<sup>nd</sup>**

Under 13 Boys Regional G

Oliver Guile	4 <sup>th</sup>		
Ben Kelly	6 <sup>th</sup>		
Thomas Magson		13 <sup>th</sup>	
Noah Turner-McQueen	17 <sup>th</sup>		

**Team 2<sup>nd</sup>**

Under 15 Girls Regional G

Georgia Smith	3 <sup>rd</sup>	45.5	Qualification to Regional F
Tina Jaques	6 <sup>th</sup>		
Charlotte Palmer	7 <sup>th</sup>		
Holly Leggett	17 <sup>th</sup>		

**Team 1<sup>st</sup>**

Under 19 Girls Regional G

Danielle Read 16<sup>th</sup>  
Danielle Akerman 22<sup>nd</sup>

Under 13 Girls Regional F

Sophie Down 7<sup>th</sup>  
Caitlin Mileham 23<sup>rd</sup>  
Felicity Spackman 32<sup>nd</sup>  
Molly Bartholomew 39<sup>th</sup>

**Team 5<sup>th</sup>**

Under 13 Boys Regional F

Stanley Hughes 1<sup>st</sup>

Under 15 Boys Regional F

Oscar Campbell 1<sup>st</sup> 48.2 Qualification to Regional E

Under 19 Boys Regional F

Hugo Spackman 4<sup>th</sup>

Under 15 Girls Regional E

Abbie Saunders 6<sup>th</sup>  
Emily Johnson 12<sup>th</sup>

Under 15 Boys Regional E

Jordan Huggett 2<sup>nd</sup>

Under 19 Girls Regional E

Megan Heraty 1<sup>st</sup> 49.7 Qualification to Regional D  
Abi Jaques 4<sup>th</sup>  
Becky Wallis 11<sup>th</sup>

**Team 1<sup>st</sup>**

Under 15 Boys Regional D

Finlay Andrews 1<sup>st</sup>

Under 19 Girls Regional D

Anastasia Winterton 3<sup>rd</sup>

DMT

Under 15 Girls Regional E

Erifilly Heonos 1<sup>st</sup>  
Molly Sanderson 5<sup>th</sup>  
Lily Robson 6<sup>th</sup>  
Emma Branton 10<sup>th</sup>

**Team 1<sup>st</sup>**

### Under 15 Boys Regional E

Stanley Hughes 1<sup>st</sup>

### Under 15 Boys Regional D

Finlay Andrews 2<sup>nd</sup>

### Over 15 Boys Regional D

Haydn Craft 2<sup>nd</sup>

At the Sussex Championships, Sky High were indeed the best and they looked great too as Gail had managed to ensure everyone was kitted out beautifully. Well done Gail! There were 2 categories to be contested - Intermediate for those doing the Regional G routine and the Elite for those able to do the Regional D routine. In accordance with the South East Committee, those winning at Intermediate level are not allowed to be called 'Champions', simply 'Winners', allowing only those winning at Elite level to be called 'Champions'. The results were once again amazing and don't worry, you are all champions in our eyes ...

### Under 11 Girls Intermediate

Sophie Down 2<sup>nd</sup>  
Lily Robson 3<sup>rd</sup>  
Felicity Spackman 6<sup>th</sup>  
Sophie Tidd 7<sup>th</sup>  
Amelie Woodbridge-Cox 8<sup>th</sup>  
Luca Major-Owens 9<sup>th</sup>  
Lydia Frantz 10<sup>th</sup>  
Charlotte Wakeham-Dawson 12<sup>th</sup>  
Jasmine Etherington 15<sup>th</sup>

**Team 1<sup>st</sup>**

**Team 2<sup>nd</sup>**

**Team 3<sup>rd</sup>**

### Under 13 Girls Intermediate

Emma van Zutphen 2<sup>nd</sup>  
Libby Ralph 5<sup>th</sup>  
Gabby Holden 6<sup>th</sup>  
Amber Young 7<sup>th</sup>  
Hannah Green 11<sup>th</sup>  
Kristy Schöller 24<sup>th</sup>  
Maisie Ward 25<sup>th</sup>

**Team 1<sup>st</sup>**

**Team 5<sup>th</sup>**

### Under 15 Girls Intermediate

Abbie Saunders 1<sup>st</sup> Winner!  
Charlotte Palmer 5<sup>th</sup>

### Over 15 Girls Intermediate

Abi Jaques	1 <sup>st</sup>	Winner!
Megan Heraty	2 <sup>nd</sup>	
Becky Wallis	3 <sup>rd</sup>	
Amy O'Riordan	6 <sup>th</sup>	
Anna Dengate	7 <sup>th</sup>	
Cally Cameron-Smith	9 <sup>th</sup>	
Holly English	12 <sup>th</sup>	
<b>Team 1<sup>st</sup></b>		
<b>Team 3<sup>d</sup></b>		

### Under 11 Boys Intermediate

Ben Kelly	3 <sup>rd</sup>	
Thomas Magson		5 <sup>th</sup>
Lucas Jones	7 <sup>th</sup>	
<b>Team 1<sup>st</sup></b>		

### Under 13 Boys Intermediate

Finlay Spackman		1 <sup>st</sup> Winner!
Oliver Guile	2 <sup>nd</sup>	
Noah Turner-McQueen	10 <sup>th</sup>	
<b>Team 2<sup>nd</sup></b>		

### Under 15 Boys Intermediate

Oscar Campbell		1 <sup>st</sup> Winner!
Oliver Spackman	4 <sup>th</sup>	
William English	6 <sup>th</sup>	
<b>Team 1<sup>st</sup></b>		

### Over 15 Boys Intermediate

Hugo Spackman		1 <sup>st</sup> Winner!
Tyrone Girling-Florio	3 <sup>rd</sup>	

### Under 13 Girls Elite

Louise Brownsey		1 <sup>st</sup> Champion!
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### Under 15 Girls Elite

Niamh Andrews  
knees  
the  
6<sup>th</sup> Poor Niamh has Osgoods Schlatters disease in both and was in incredible pain. She fought bravely despite pain - a true superstar

### Over 15 Girls Elite

Hannah Saunders	7 <sup>th</sup>	
Anastasia Winterton	12 <sup>th</sup>	

### Under 13 Boys Elite

Finlay Andrews	1 <sup>st</sup>	Champion!
Stanley Hughes		3 <sup>rd</sup>

### Over 15 Boys Elite

Chris Ellsaesser		1 <sup>st</sup> Champion!
Elliot Storey	4 <sup>th</sup>	

The Club is so fortunate to have a great band of volunteers willing to give their spare time so generously and we would like to thank everyone who helped at the competitions and plied us with gallons of tea! There are far too many people involved to name them all individually, but your help is invaluable and we are extremely grateful. Well done everyone! Fundraising at the Championships raised a brilliant £321.00 - £143 from entries on the door, £73 on the tombola and £105 from selling cakes. The total fundraising for this financial year (from 1<sup>st</sup> April) now amounts to £874 made up as follows: £223 from Table Top sales, £321 from the Sussex Championships and £330 from a very kind grant donation from the Social Fund of the Sussex Police (Uckfield) which can be reapplied for on an annual basis.

The Sky High Fundraising 100 Club is growing slowly. If you haven't joined up yet, please consider it carefully. Not only do you have a chance of winning money, but it also raises funds for the Club.

We would like to wish our National finalists the very best of luck on 7<sup>th</sup> July, the Preliminary finals at the National Indoor Arena Birmingham. They are: Fig B Trampoline Under 19 Men - Elliot Storey, Nat C Trampoline Under 19 Men - Jack Fitch, Nat C Trampoline Under 15 Girls - Niamh Andrews, Nat C Trampoline Under 13 Girls - Louise Brownsey, Fig B DMT Over 15 Ladies - Katherine Venn, Nat C DMT Over 15 Ladies - Connie Pooley, Nat C DMT Over 15 Men - Jack Fitch and Nat C DMT Under 15 Girls - Tayla Nisbet. Connie and Katherine have both been suffering with back problems, so we hope they will be able to compete. Should any of them achieve top 8 in the Preliminaries they will have to compete in the definitive Finals on Sunday 8<sup>th</sup> July. Follow these brilliant youngsters on the British Gymnastics website if you are able. Each of these finalists is to receive a trolley bag embroidered with Sky High on the front, which have been purchased through a very generous donation from Emma at the Highlands Inn. Thanks Emma! Please be advised that Fun Abounds Centre will be closing at 4pm on Saturday 7<sup>th</sup> July (so that Mike can get up to Birmingham!) so DMT will be cancelled on that day. Anyone who does DMT on Saturday afternoons is welcome to rearrange their hours so that they don't miss out. Please speak to your Coach about it.

There is the most wonderful App which can be downloaded onto an Ipad called 'Coaching Eye' and a very similar App called 'Cyclops' which can be downloaded onto any android tablet with a camera, both of which are extremely useful in analysing skills and routines on the trampoline and DMT. Is anyone out there thinking of upgrading their Ipads/androids and feel the need to donate their old machines to the Club? It would be great if we could get one per trampoline to aid the Coaches and the performers.

The next Club I and County H competition is to be held in Seaford on Sunday 15<sup>th</sup> July and we would like to wish all who are competing the very best of luck.

Happy bouncing!

Stella, Gail, Mike, Chris, Kim and Val - The Sky High Coaching team