

Dear All

When you think that things just cannot get any better, they just do!  
Sky High - you're amazing!



Well she did it! Yes Gail passed her HPC (High Performance Coach) exam and so now has the highest Trampoline Coaching qualification available. Well done Gail - you worked hard and you deserve the results. I'm sure Gail would like to say an enormous thank you to Chris Ellsaesser, who was her performer on the day of the practical and on this one occasion, I am going to pat myself on the back, as without me Gail would not have been able to achieve this. As her Mentor, I am extremely proud of everything she did to succeed at this prestigious level. I'm sure she realises how fortunate she is to have a mentor HPC on her doorstep as when I had to gain my 50 mentored hours I had to travel many hundreds of miles to get those precious signatures on my logbook! Commiserations to Chris Jenner, who missed passing his Sports Specific paper by just 2 marks. He felt he had let me down, but far from it, I am so pleased he tried and he'll definitely do it next time. Don't give up Chris! There are very few HPC's across the country and even fewer of them are women, but Sky High now has 2 women HPC's, meaning the Club has the highest level Coaches of any Club in Sussex and it shows in the results being achieved.

**\*\*STOP PRESS\*\*** Hannah Saunders has passed her Level 2! Well done Hannah - you've worked extremely hard for this and deserve it 100%. Well done to Gail for acting as Hannah's Mentor through the whole process and welcome to the team!

The Regional D-G competition at Gillingham on Sunday, 26<sup>th</sup> May was fabulous.....

#### TRAMPOLINE

##### Under 11 Boys Regional G

Fin Turner-McQueen 3<sup>rd</sup>

##### Under 13 Girls Regional G

Grace Bradley 10<sup>th</sup>

Tayah Wastie 11<sup>th</sup>

Louisa Mattelaer 17<sup>th</sup>

Sacha Thomas 21<sup>st</sup>

**Team 3<sup>rd</sup>**

##### Under 13 Boys Regional G

Noah Turner-McQueen 1<sup>st</sup> Qualification to Regional F

##### Under 15 Girls Regional G

Madeleine Pattenden 3<sup>rd</sup> Qualification to Regional F

Megan Westgate 14<sup>th</sup>

##### Under 15 Boys Regional G

George Adams 5<sup>th</sup>

##### Under 19 Girls Regional G

Danielle Akerman 6<sup>th</sup>

##### Under 13 Girls Regional F

Jasmine Etherington 3<sup>rd</sup> Qualification to Regional E

Kristy Scholler 5<sup>th</sup>

Lydia Frantz 9<sup>th</sup>

Luca Major-Owens 12<sup>th</sup>  
Amelie Woodbridge-Cox 14<sup>th</sup>  
Leah Prendergast 15<sup>th</sup>  
Enya Stanford 19<sup>th</sup>  
**Team 1<sup>st</sup> & 3<sup>rd</sup>**

Under 13 Boys Regional F

Ben Kelly 1<sup>st</sup> Qualification to Regional E  
Thomas Magson 4<sup>th</sup>  
Lucas Jones 7<sup>th</sup>  
Daniel Bradford 8<sup>th</sup>  
**Team 1<sup>st</sup>**

Under 15 Girls Regional F

Kirstie Gladman 10<sup>th</sup>  
Caitlin Mileham 12<sup>th</sup>

Under 19 Girls Regional F

Tina Jaques 2<sup>nd</sup> Qualification to Regional E

Under 13 Girls Regional E

Maisie Ward 4<sup>th</sup>  
Lily Robson 7<sup>th</sup>  
Caitlin Ottley 12<sup>th</sup>  
**Team 1<sup>st</sup>**

Under 15 Girls Regional E

Libby Ralph 5<sup>th</sup> Qualification to Regional D  
Charlotte Palmer 12<sup>th</sup>  
Emily Johnson 17<sup>th</sup>

Under 15 Boys Regional E

Ollie Guile 1<sup>st</sup> Qualification to Regional D

Under 19 Girls Regional E

Becky Wallis 2<sup>nd</sup>

Under 13 Girls Regional D

Erifilly Heonos 6<sup>th</sup>  
Sophie Down 7<sup>th</sup>

Under 13 Boys Regional D

Stanley Hughes 1<sup>st</sup>

Under 17 Boys Regional D

Jordan Huggett 1<sup>st</sup> Qualification to National C

DMT

Under 13 Girls Regional E

Emma Branton 3<sup>rd</sup>

We would like to extend a huge thank you to those who volunteered to help at this competition as these fantastic youngsters would not be able to perform without you. Jo Pearson and Kim Kennedy as Judges, Leonie Etherington as Computer Operator, Chris Jenner and Debbie Green as Competition

Marshals and Mike Jackson as Warm Up Marshall. Thanks also to the Coaches on the floor - Stella Jackson, Mike Jackson, Gail Andrews, Chris Jenner and Debbie Green. A speedy recovery to Chris, who managed to damage his ankle quite badly whilst marshalling for the DMT, yet battled on all day before visiting Brighton Hospital and being diagnosed with a severe tear to the ligaments to the ankle!

It was doubtful if we should make the journey to South Shields on 1<sup>st</sup> June, however as always, the performers proved us wrong....

### Trampoline

Chris Ellsaesser	7 <sup>th</sup>	Fig B Over 19 Men	Qualification to British Finals (again!)
		Qualification to British Finals	
Louise Brownsey	11 <sup>th</sup>	Fig B Under 15 Girls	Qualification to British Finals (again!)
Niamh Andrews	12 <sup>th</sup>	Fig B Under 15 Girls	Qualification to British Finals (again!)
Finlay Andrews	4 <sup>th</sup>	Fig B Under 13 Boys	
Jade Pearson	4 <sup>th</sup>	Nat C Under 15 Girls	Qualification to British Finals(again!)/Promotion offer Fig B (yay - well done!)

### Synchro

Louise Brownsey & Jade Pearson 6<sup>th</sup> 1 Point towards British Finals - total 19

Most sincere thanks to Ruth Brownsey, who was a Swescore Computer Operator all day on Saturday! You're a real star and the Club is extremely grateful.

As for the Sussex Championships, well Sky High were awesome and blew every other Sussex Club out of the water!

### Under 11 Girls Intermediate

Felicity Spackman	1 <sup>st</sup>	Champion!
Lily Robson	2 <sup>nd</sup>	
Sophie Tidd	4 <sup>th</sup>	
Jasmine Etherington	5 <sup>th</sup>	
Enya Stanford	6 <sup>th</sup>	
Lydia Frantz	7 <sup>th</sup>	
Amelie Woodbridge-Cox	8 <sup>th</sup>	
Leah Prendergast	9 <sup>th</sup>	
Luca Major-Owens	12 <sup>th</sup>	
Olivia Aylwin	14 <sup>th</sup>	
Ochea Chapman	15 <sup>th</sup>	
Maddy Osman	19 <sup>th</sup>	
<b>Team</b>	<b>1<sup>st</sup>, 2<sup>nd</sup> &amp; 4<sup>th</sup></b>	

### Under 11 Boys Intermediate

Daniel Bradford	2 <sup>nd</sup>
Ben Bradford	12 <sup>th</sup>

### Under 13 Girls Intermediate

Maisie Ward	1 <sup>st</sup>	Champion!
Caitlin Ottley	3 <sup>rd</sup>	
Kristy Scholler	4 <sup>th</sup>	
Holly Skinner	6 <sup>th</sup>	
Hannah Green	7 <sup>th</sup>	

Daisy Brice 9<sup>th</sup>  
Grace Bradley 10<sup>th</sup>  
Catie Brignull 13<sup>th</sup>  
Morgan Palmer 14<sup>th</sup>  
Louisa Mattelaer 19<sup>th</sup>  
**Team 1<sup>st</sup>, 2<sup>nd</sup> & 5<sup>th</sup>**

Under 13 Boys Intermediate

Ben Kelly 1<sup>st</sup> Champion!  
Max Seaton 3<sup>rd</sup>

Under 15 Girls Intermediate

Libby Ralph 1<sup>st</sup> Champion!  
Megan Westgate 6<sup>th</sup>  
Caitlin Mileham 10<sup>th</sup>  
Kirstie Gladman 12<sup>th</sup>  
**Team 2<sup>nd</sup>**

Under 15 Boys Intermediate

George Adams 4<sup>th</sup>

Over 15 Girls Intermediate

Becky Wallis 1<sup>st</sup> Champion!  
Danielle Akerman 11<sup>th</sup>

Under 13 Girls Elite

Erifilly Heonos 1<sup>st</sup> Champion!  
Emma Van Zutphen 2<sup>nd</sup>  
Sophie Down 3<sup>rd</sup>  
Amber Young 4<sup>th</sup>  
**Team 1<sup>st</sup>**

Under 13 Boys Elite

Finlay Andrews 1<sup>st</sup> Champion!  
Stanley Hughes 3<sup>rd</sup>

Under 15 Girls Elite

Louise Brownsey 1<sup>st</sup> Champion!  
Niamh Andrews 2<sup>nd</sup>  
Jade Pearson 3<sup>rd</sup>  
Charlotte Palmer 6<sup>th</sup>  
Gabrielle Holden 7<sup>th</sup>  
**Team 1<sup>st</sup>**

Under 15 Boys Elite

Ollie Guile 1<sup>st</sup> Champion!  
Oscar Campbell 2<sup>nd</sup>

Over 15 Girls Elite

Hannah Saunders ??

Over 15 Boys Elite

Chris Ellsaesser 1<sup>st</sup> Champion!

Thank you to every single person that played a part in making Sky High the best Club in Sussex at the Sussex Championships - you are all fantastic! The day was extremely profitable for the Club as well - £160 on the door, £160.50 for the cakes and £118 for the tombola and the raffle. It would be impossible to mention everyone by name, so on behalf of the Club, thank you all so very much.

Forthcoming competitions:

British Finals	6 <sup>th</sup> & 7 <sup>th</sup> July, NEC Birmingham
Club I & County H	14 <sup>th</sup> July, Seaford

The best of luck to all our British finalists - Niamh Andrews, Finlay Andrews, Louise Brownsey, Chris Ellsaesser and Jade Pearson for Trampoline; Finlay Andrews, Erifilly Heonos, Abi Jaques and Molly Sanderson for DMT; Louise Brownsey and Jade Pearson for Synchro. Enjoy - superstars!

Summer is nearly here (or so we're told) ..... Therefore, Tuesday, 23<sup>rd</sup> July to Saturday 3<sup>rd</sup> August will run as normal, apart from Friday 26<sup>th</sup> July and Friday 2<sup>nd</sup> August, when training will run from 16:30 - 18:30 as is usual during the holidays. HOWEVER, from Monday 5<sup>th</sup> August until Saturday 31<sup>st</sup> August, the hourly sessions will run from 15:30 - 16:30 (instead of 17:30 - 18:30) and the 2 hourly sessions will run from 16:30 - 18:30 (instead of 18:30 - 20:30). We hope this will not inconvenience you all too much. It does mean that we may be able to enjoy a few weeks of summer evenings spent in the garden rather than at the Centre! Please also note the Centre will be CLOSED on Bank Holiday Monday 26<sup>th</sup> August. There are many of you who are still owed training hours because of previous closures, so please check what you are owed and endeavour to make up those hours during the holiday period.

The Summer Camp is being organised this year by several of our young leaders - Niamh Andrews, Abi Jaques, Abbie Saunders, Becky Wallis and looks to be great fun. Please consider it carefully as last year it proved to be fabulous and everyone who took part gained a huge amount from it.

Have fun!

Stella, Gail, Mike, Chris, Kim, Jo, Hannah and Debbie - The Sky High Coaching team