

Dear All

Let's hope the cold weather will soon be over and we can look forward to warmer times in the near future. 2015 seems to be flying by as it's already the middle of February and half term next week, so it won't be long - fingers crossed!



This letter is just a quick update for you following the first Regional competition on 1st February at Jumpers Rebound Centre, Gillingham. Sky High had a massive entry in both the trampoline and the DMT and certainly made an impression. We felt a little saddened on the day however, because the South East Trampoline Technical Committee, who organise the competition decided in their wisdom that as it was a qualifying competition for the Regional Finals or to qualify to National level, that it should not be given the same credence, pomp and circumstance as the old grading competitions used to be given. This meant that there were no trophies, simply medals with no proper medal ceremony; the medals being presented by the trampolines/DMT without any real acknowledgement of the achievements made and no opportunity for photos on the podium either. Likewise, not all of the scores were on the screens so no-one really knew what was going on! Huge congratulations to every single one of you who took part. You were all amazing and Sky High is extremely proud of you! For many of you it was your first major competition so pretty scary, but you all coped fantastically well and are all now looking forward to the next one on 8th March I'm sure.

The final scores can be found at www.trampoline.co.uk on the Results page/Regional Competitions 2015. So many of our performers gained podium places but did not quite reach the qualifying scores, but next time, knowing where to go, what to expect etc. will help them relax and gain the necessary scores. The following performers did achieve the qualifying score to go towards the Regional finals:

NDP 1	Katie Cooper
NDP 3	Callum McCabe

The following performers achieved the qualifying score to move to National level:

Felicity Spackman	11-12 Girls Trampoline
Daniel Bradford	11-12 Boys Trampoline
Mai Wiley	13-14 Girls Trampoline
Lily Robson	11-12 Girls DMT
Niamh Andrews	15-16 Girls DMT

A massive well done to these performers - it is such a great achievement. The number of our National level performers now stands at 19 with hopefully 4 more at the next competition. Sky High now has the fourth largest number of National level performers in the country - yay!!!!

Please put the date Sunday 19th July in your diaries. This is the Sussex Trampoline & DMT Championships to be held at Fun Abounds, when we will have (hopefully) Sussex Champions in all age groups and categories. The Sussex Synchronised Championships will take place on Sunday 4th October at Seaford.

Please remember that as it is half term next week (16th - 21st February), Friday training will take place from 16:15 - 18:30 for ALL groups as is usual during the holidays.

Happy bouncing!

Stella, Gail, Mike, Chris, Jo, Tim, Hannah and Debbie - The Sky High Coaching team